

The Aura-Soma® Incense

The Aura-Soma Incense are an ideal way to cleanse, clear, and energise the spaces you work and live in.

Each Pomander and Quintessence comes in an Incense, 30 different types in total.

Each incense comes in a cylindrical tin with wooden incense stick holder and 25 incense sticks. Each stick burns for around 20 minutes, use as often as desired, allowing the subtle sent and energies to waft through your space.

How to Select a Incense (2 options)

1. If you have had an Aura-Soma consultation with a Practitioner they would have advised you on the best Pomander or Quintessence for you at this time, you may like to use the same in an Incense.
2. We recommend you choose your favourite Incense colour - Let your intuition draw you and/or read the information notes about each Incense.

Pomander Incense Colours/Information Notes

#1 White

The Original Pomander

Vicky Wall referred to this as the 'Original White Pomander. As well as being used with the aura, it may also be used in any space to cleans atmospheres, bring the light in, and renew energies. It purifies and renews, helping us make space for new beginnings.

#2 Pink

Just for love

For Universal Unconditional Love, the warmth and caring that makes everything possible in our life. Emotionally pink brings love, both for ourselves and for those around us. It may be supportive at times when we feel vulnerable and to help us to care for ourselves. Brings about a deep sense of relaxation, harmonises groups and their processes.

#3 Deep Red

The energiser and Protector

Grounding and energising. Helpful for feeling grounded after meditation or any therapy session. Useful for any situation where our energy is depleted.

#4 Red

Balancing the Energies

To help us to overcome the negative effects from resentment or animosity. Reduces shyness and helps to deal with aggression, also good for earth energy work.

#5 Coral

The Awakener

This is a protection of our spiritual Being to give us a greater sense of independence. To offer the insight necessary for interdependence, to help us with competition. An awakening Pomander that can bring a deep sense of joy.

#6 Orange

The Regression Protector and Shock Absorber of the Past and Present.

May help us to deal with spiritual shocks and/or fears and balance the aura when we feel 'beside ourselves'. Orange enables us to let go and accept all that is going on around us. It is related to the second chakra and may have a soothing and calming effect on the is area.

#7 Gold

Wisdom and Self-knowledge

Finding abundance within ourselves, using our wisdom to its full potential.

The Gold relates to the solar plexus where we can feel anxiety and fear. By using this colour we may enable ourselves to accept, receive, digest and relax.

#8 Yellow

Sunlight and assimilation

Yellow brings the sunshine in – an antidote to feeling ‘the blues’. Useful in spaces where there is a lack of sunlight, brightens the atmosphere around us. It may help us to be more present and help to ease an over active mind.

#9 Olive Green

Truth and Direction

Olive relates to bringing the wisdom into the heart and to help us find our own way. Improves our ability to remember. Helpful in confrontational situations and difficulties with other people. Excellent for practitioners to clear their space between clients. It helps when we feel trapped or unable to find a clear direction in any situation.

#10 Emerald Green

Protector of our own Space – The Space Giver

Emerald is for bringing peace into our own space helping us to find our own way. It can free us from old ideas and open us up to new decisions. It can be very helpful for clearing jealousy, envy, and other negative emotions.

#11 Turquoise

Heartfelt Communicator

Helping us to creatively communicate what we are feeling. This Pomander is for

communication, particularly for those who are involved in presentations, teaching, or public speaking, it encourages playfulness, can help to resolve blockages and may protect against stage fright.

#12 Sapphire Blue

The Communication Protector

Supports the highest communication of love; focusing on our inspirational aspects it can help to overcome feelings of extreme isolation. Deepens the peace within to help us become clearer and more relaxed. When we expend less energy in our own preoccupations we have more energy available to do what we need to do.

#13 Royal Blue

The Perception Strengthenener

Opens us to powers of our imagination and intuition, as well as helping us to access sympathetic emotions. Can help to find detachment from the emotions so that we do not feel overwhelmed by them.

#14 Violet

The Sweetness of Spirit.

The Violet Pomander can help us to open our perception and awareness which may enable us to connect with our mission and our purpose, to connect with that which we are especially our gifts.

#15 Deep Magenta

The Carer's Carer

Combining the red and violet energies, this Pomander can be both energising and smoothing at the same time. For those times when we have given all our energy to others and now need to receive caring for ourselves. For living in the present.

Quintessence Incense Colours/Information Notes

#1 El Morya

The Pale Blue Master Quintessence.

Thy Will, not My Will be done.

Brings a strengthening of the Will and enables us to align with our purpose and trust in relation to our unfolding life. Trusting the inner source and getting in touch with our own authority. Stimulates a feeling of being at peace.

#2 Kuthumi

The Pale Yellow Master Quintessence.

Connecting up Angelic, Human and Devic realms.

Invoking positive energies of the future.

The pale yellow points towards enlightenment and self-knowledge. Enhances sympathetic or empathic relationships at all levels and helps to find and understand our place between Heaven and Earth.

#3 Lady Nada

The Pale Pink Master Quintessence.

Unconditional Love, The Consort of The Christ.

The pale pink (red) the #3rd of the #3 primary colours.

Deep Love. Can improve our capacity to relate, diminishing aggression around ourselves.

#4 Hilarion

The Pale Green Master Quintessence

The Way, the Truth and the Light

Hilarion helps us to pursue our path, providing access to truth and inner wisdom. It guides into a new direction and a new space to step into the present anew. It assists in supporting the environment.

#5 Serapis Bey

The Clear Pearl Master Quintessence

Purification and New Beginnings

Brings Clarity of vision- seeing things in a new and fresh way. It gives depth of understanding into conflict, pain and suffering on any level. Good for helping to let go, overcoming the past and cleansing on any level.

#6 The Christ.

The Red Master Quintessence

The Awakening Quintessence

Helps to focus our efforts in the right direction, planting our feet firmly on the ground, re-energising us and offering protection along our life path. Regardless of whether our life path is mundane, humble, dramatic or sensational, it will give us the realisation of the connection with a higher source. The greatest aim is to be truly ordinary.

#7 St Germain

The Violet and Lilac Master Quintessence

The Master Transformer

Helps to transform our negative feelings into more positive, supportive and spiritual energy. For caregivers, it helps them to detach and stop outside of themselves, allowing the energies simply to come through. May help with unresolved emotional problems. Useful for therapist doing hands on work, assisting energy to come through them to the client. Also clears lingering emotional problems.

#8 Pallas Athena

The Rose Pink Maser Quintessence

For Beauty and Aesthetics

Creative expression of love and beauty. Awakening to the beauty in all things. Inspiration for our creative skills, our dreams and visions. Helps us to have a deeper understanding of the energies concerned with prosperity and right livelihood.

#9 Orion and Angelica

The Pink Master Quintessence.

The Traveller's Quintessence

These two great Angels open and close each day. As Orion draws the curtain on our night, so Angelica opens the dawn, gathering impurities and cleansing our negativity as a deep level. Helps to keep all the subtle bodies together particularly when flying over time zones.

#10 Lady Portia

The Gold Master Quintessence

Judge not, that you be not judged.

Love and compassion without judgement. Especially if we are hard on ourselves, or over critical, work too hard or if readily judge others. Being merciful with ourselves is true compassion. Where discriminative wisdom is needed and the balancing of all considerations is necessary.

#11 Lao Tsu and Kwan Yin

The Pale Orange Master Quintessence

The Quintessence that seeks back to the shocks of the past, to free the time line.

Helps us to free ourselves from deeply instilled habits and negative thoughts.

Kwan Yin is the Goddess of Compassion, Lao Tsu the Master Alchemist of the past. Helps to understand what lies behind dis-ease, it is often in the patterns of the past.

#12 Sanat Kumara and Lady Venus Kumara

The Pale Coral Master Quintessence

For the deepest levels of issues of dependency and co-dependency and unrequited love.

As Above, so Below.

Brings in a special awareness of the Divine Life through our every day life.

The Mother and Father principle at the highest levels. Balancing male/female polarities.

#13 Maha Chohan

The Pale Turquoise Master Quintessence

To say, from the heart, what you feel

Maha Chohan – The Greatest Teacher

Teaching through the whisperings of the heart, the connection of the inner teacher. Of particular help if we are working with Crystals. Creates a communication link between our Mind and our Spirit.

#14 Djwal Khul

The Emerald Green Master Quintessence

The Seeker's Master

Youngest of the masters.

Can help us to use our intellect whilst being in harmony with our intuition; following our heart and balancing our mind – useful when we need a grounded point of view. If we seek objective truth, knowledge or a “fresh start”, this is the Quintessence to meditate with.

#15 The Holy Grail and Solar Logos

The Pale Olive Quintessence

The Grail is a Chalice of Light

The Solar Logos is the sun, “the Word”, the communication that can come through us when we enter the receptivity of The Grain. Helps us on all levels to bring about transformation in relation to receptivity and unfoldment of the creative feminine intuition within each of us.

How to Use

Please take care when burning the Incense and follow the directions on the tin.

Please Note: For external use only. Keep out of the reach of children. Avoid contact with the eyes. Do not apply to broken, irritated or sensitive skin. Do not use on polished/ painted surfaces.

Made with love and intention by Aura-Soma Products Ltd Lincolnshire England
Available in New Zealand from Aura-Soma New Zealand Ltd