

The Aura-Soma® Air Conditioners/Sprays

The Aura-Soma Air Conditioner Sprays or Room Sprays come in 34 different types. All 15 Pomanders, and all 15 Quintessence's are available, plus 4 Archangels.

The Air Conditioner are energetic space clearing air fresheners, which have the potential to improve and enhance the energies of the spaces we live and work in.

Each Air Conditioner contains its own special blend of herbal extracts, essential oils, bio-dynamically sourced where possible, and crystal energies all harmoniously blended to bring you divine support and harmony in your everyday life. When sprayed into your space their subtle effects can bring relief after a hard day's work creating a sense of space, peace and calm. Others have the potential to bring inspiration for new projects, uplifting your spirits and invoking a sense of fun and joy.

These products are made with love and intention to enhance your life and to assist you in becoming more in line with your true purpose.

The Air Conditioners are best used for cleansing the spaces you work live and play in.

The Air Conditioners can also be used for daily auric (aura) cleansing. By misting one spray, of these naturally fragranced essences above your head and allow the mist to fall down through your electro-magnetic field that surrounds your body called your aura.

How to Select a Air Conditioner (2 options)

1. Have a Aura-Soma consultation with a Practitioner who will guide you through the process of choosing the best Air Conditioners as indicated by the Equilibrium selection. Consult a Practitioner for more information.
2. We recommend you choose your favorite Air Conditioner colour or choose your desired effect - Let you intuition draw you and/or read the information notes about each Air Conditioner.

Pomander Air Conditioner Colours/Information Notes

The pomanders are more protective of the energy field around the body.

#1 White 100/20ml

Clear the Air Pure White

Cleansing, purifying and protecting, it help clear spaces and bring light into any situation. Helps to protect the chakras and the whole electro-magnetic field, helping to bring clarity in times of stress.

Use:

- ❖ For space clearing, to shift the energy of a space between meetings, when moving into a new house
Make your space energetically clean and clear.
- ❖ When wanting to open a space for new beginnings to bring in the light.

#2 Pink 100ml

Just for love

For Universal Unconditional Love, the warmth and caring that makes everything possible in our life. Emotionally pink brings love, both for ourselves and for those around us. It may be supportive at times when we feel vulnerable and to help us to care for ourselves.

Brings about a deep sense of relaxation, harmonises groups and their processes.

Use:

- ❖ To create a warm welcoming feeling.
- ❖ When you want to feel more confident.
- ❖ To harmonise a new group together with a common course.

#3 Deep Red 100/20ml

Warming, grounding, protecting & re-energising.

Keep your feet on the ground!

When you're busy and things aren't about to slow down, or when you feel exhausted for no particular reason.

Use:

- ❖ When you feel tired or stressed and need to ground your energy.
- ❖ As a protection in situations that your energy may be depleted.
- ❖ Red relates to the base Chakra and our connection to the earth use to stay or get grounded.

#4 Red 100ml

An everyday Red to help you balance your energy levels.

Effective but milder than the Deep Red.

When you're busy and things aren't about to slow down, or when you feel exhausted for no particular reason.

Use:

- ❖ When you feel tired or stressed and need to ground your energy.
- ❖ As a protection in situations that your energy may be depleted.
- ❖ Red relates to the base Chakra and our connection to the earth use to stay or get grounded.

#5 Coral 100ml

The Awakener

This is a protection of our spiritual Being to give us a greater sense of independence. To offer the insight necessary for inter-dependence, to help us with competition. An awakening Pomander that can bring a deep sense of joy.

Use:

- ❖ To find a sense of independence rather than dependence.
- ❖ For understanding and connecting to your true potential and place in society.

#6 Orange 100/20ml

Uplifting and restorative, a burst of citrus orange is uplifting while also calming.

Let some fun back in. Relates to the 2nd Chakra - creativity and sensuality. Recover from shock or stress.

In times of shock Orange works on the etheric body, the aura around the body, where shock is stored. It is the shock absorber.

Orange can restore you to a state of calm and concentration when unforeseen circumstances throw you off balance.

Use:

- ❖ A gentle pick-me-up that can leave you feeling refreshed and ready to face your next challenge.
- ❖ This essence to let go of the negative effect of past trauma.

#7 Gold 100ml

Wisdom and Self-knowledge

Finding abundance within ourselves, using our wisdom to its full potential.

The Gold relates to the solar plexus where we can feel anxiety and fear. By using this colour we may enable ourselves to accept, receive, digest and relax.

Use:

- ❖ To connect into your greater wisdom.
- ❖ To understand any irrational fears.
- ❖ To feel good as gold.

#8 Yellow 100/20ml

Like fizzy lemonade Yellow brings back the fun, sunshine and joy.

Bust those sad blues with a burst of uplifting citrus yellow!

Yellow brings back the sunshine enabling you to resist negativity, fear or anxiety.

Digest or assimilate new ideas, or study

Yellow relates to the 3rd Chakra - the diaphragm or belly, it's where we digest or assimilate things, ideas and concepts. Ideal in times of study.

Brings a fresh perspective and a new understanding to any situation. With better understanding, fear and anxiety are reduced. Thus aids in building Self Confidence, Courage, and Strength.

Helps to ease an over active mind.

Use:

- ❖ In times of anxiety, stress or tension, to give a greater understanding.
- ❖ To lighten the mood and allow clearer thinking.

#9 Olive Green 100ml

Truth and Direction

Olive relates to bringing the wisdom into the heart and to help us find our own way. Improves our ability to remember. Helpful in confrontational situations and difficulties with other people.

Excellent for practitioners to clear their space between clients. It helps when we feel trapped or unable to find a clear direction in any situation.

Use:

- ❖ To get wisdom from the heart.
- ❖ To clear space between clients, people.
- ❖ O-Live when you need to get out and live a

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little.

#10 Emerald Green 100/20ml

Protector of our own Space – The Space Giver
Emerald is for bringing peace into our own space helping us to find our own way. It can free us from old ideas and open us up to new decisions. It can be very helpful for clearing jealousy, envy, and other negative emotions.

Green gives us the feeling of more space, and allow us to connect back into our heart of hearts. Green relates to the 4th Chakra - the heart - open the heart to love and to feel more.

With expanded space we can feel ourselves breathe again, giving us clearer thinking, and more peaceful emotions.

Helpful when you need to disconnect from others, e.g. between clients, in an office full of people or when the house is overcrowded!

When selling a property, Green opens the space for new energy to come in, and allows you to disconnect from the old, so the new can come in for you also.

Use:

- ❖ For when you need your own space for decision making.
- ❖ When entering new environments.
- ❖ To connect to the heart of things.

#11 Turquoise 100ml

Heartfelt Communicator

Helping us to creatively communicate what we are feeling. This Pomander is for communication, particularly for those who are involved in presentations, teaching, or public speaking, it encourages playfulness, can help to resolve blockages and may protect against stage fright.

Use:

- ❖ For any form of communication especially from the heart– speaking, writing, dance etc
- ❖ Allows creativity and self-expression, assist in letting go of fear to overcome stage fright.

#12 Sapphire Blue 100ml

The Communication Protector

Supports the highest communication of love; focusing on our inspirational aspects. Deepens the

peace within to help us become clearer and more relaxed.

Use:

- ❖ When you need to express yourself truthfully or directly.
- ❖ To assist with relaxation, to find a deeper peace.
- ❖ Use when meditating.

#13 Royal Blue 100ml

The Perception Strengthenener

Opens us to powers of our imagination and intuition, as well as helping us to access sympathetic emotions. Can help to find detachment from the emotions so that we do not feel overwhelmed by them.

Use:

- ❖ When you want to connect more into your intuition – your inner tutor.
- ❖ When you are affected by others emotions and want to detach.

#14 Violet 100ml

The Sweetness of Spirit

The Violet Pomander can help us to open our perception and awareness, which may enable us to connect with our mission and our purpose, to connect with that which we are especially our gifts.

Use:

- ❖ In times of change – i.e. death, dying or moving.
- ❖ To bring deep peace with spirit.
- ❖ If doing energy work – on the land, on people.

#15 Deep Magenta 100ml

The Carer's Carer

Combining the red and violet energies, this Pomander can be both energising and smoothing at the same time. For those times when we have given all our energy to others and now need to receive caring for ourselves. For living in the present.

Use:

- ❖ To feel grounded but also relaxed – rather than over energised with just red.
- ❖ When you need to give back to you – spot for a moment, smell the roses.

Quintessence Air Conditioner Colours/Information Notes

The Quintessence's are more evocative – bringing in of energy

#1 El Morya 100/20ml

The Pale Blue Master Quintessence.

Thy Will, not My Will be done.

Brings a strengthening of the Will and enables us to align with our purpose and trust in relation to our unfolding life. Trusting the inner source and getting in touch with our own authority.

Stimulates a feeling of being at peace.

Use:

- ❖ When you want to connect with your true direction.
- ❖ To bring deep peace.

#2 Kuthumi 100ml

The Pale Yellow Master Quintessence.

Connecting up Angelic, Human and Devic realms.

Invoking positive energies of the future.

The pale yellow points towards enlightenment and self-knowledge. Enhances sympathetic or empathic relationships at all levels and helps to find and understand our place between Heaven and Earth.

Use:

- ❖ To connect with the Angels and earth elementals, ideal for earth energy work.

#3 Lady Nada 100ml

The Pale Pink Master Quintessence.

Unconditional Love

The pale pink (red).

Deep Love. Can improve our capacity to relate, diminishing aggression around ourselves.

Use:

- ❖ To bring in a feeling of love and nurturing into any space.
- ❖ At bed time – like a hug in a bottle – ideal for children, one mist above the bed is enough.

#4 Hilarion 100ml

The Pale Green Master Quintessence

The Way, the Truth and the Light

Hilarion helps us to pursue our path, providing access to truth and inner wisdom. It guides into a new direction and a new space to step into the present anew. It assists in supporting the environment.

Use:

- ❖ When you're working on environmental issues – to see what needs to be done.
- ❖ To give yourself space and allow yourself to see the bigger picture.

#5 Serapis Bey 100/20ml

The Clear Pearl Master Quintessence

Purification and New Beginnings

Brings Clarity of vision- seeing things in a new and fresh way. It gives depth of understanding into conflict, pain and suffering on any level.

Good for helping to let go, overcoming the past and cleansing on any level.

Use:

- ❖ When you want clear thinking, and a understanding of the bigger picture.
- ❖ When your ready to look at what really needs to be done.

#6 The Christ 100ml

The Red Master Quintessence

The Awakening Quintessence

Helps to focus our efforts in the right direction, planting our feet firmly on the ground, re-energising us and offering protection along our life path. Regardless of whether our life path is mundane, humble, dramatic or sensational, it will give us the realisation of the connection with a higher source. The greatest aim is to be truly ordinary.

Use:

- ❖ To see the greatness in even the everyday things we do.

#7 St Germain 100/20ml

The Violet and Lilac Master Quintessence

The Master Transformer

A touch of Spirit - Awaken again to your true self

The essence of the pale violet -St Germain of Transformations and Transmutation.

Transform like the butterfly and awaken again to yourself .

Calming and restorative on the emotion.

Transform old thoughts and patterns to create a new positive reality today.

Violet relates to the 7th Chakra - the crown, your connection with your divine self and spirit.

Use:

- ❖ To aid the transformation of old thought patterns, clear your space to allow new positive energy in. Brings in the touch of loving spirit to calm and nurture.
- ❖ To trust your inner wisdom.
- ❖ To connect to you inner spirit of all knowing.
- ❖ To invite the divine into your life now.

#8 Pallas Athena 100ml

The Rose Pink Maser Quintessence

For Beauty and Aesthetics

Creative expression of love and beauty.

Awakening to the beauty in all things. Inspiration for our creative skills, our dreams and visions.

Helps us to have a deeper understanding of the energies concerned with prosperity and right livelihood.

Use:

- ❖ To connect with beauty, your own, nature and others.
- ❖ To connect with your creativity.
- ❖ To connect with your ability to prosper.

#9 Orion and Angelica 100/20ml

The Pink Master Quintessence.

The Traveler's Quintessence

These two great Angels open and close each day.

As Orion draws the curtain on our night, so Angelica opens the dawn, gathering impurities and cleansing our negativity as a deep level. Helps to keep all the subtle bodies together particularly when flying over time zones.

Embrace a New Beginnings, & a Clean Ending with Orion & Angelica

When its time to start again, bring closure to the past and embrace the new, with loving calm peaceful energy.

Clear negativity and expectations giving the possibility of synchronicity and inspiration to flow.

Invokes a peaceful loving energy, so you feel restored and ready to start again.

Also great for high speed travel, i.e. Jet Plane travel, assists in keeping the subtle energy bodies, those fields around the physical body, together - so one can arrive complete. Apply before, after and during flight as often as needed.

Use:

- ❖ When you are starting a new project or relationship.
- ❖ Finishing a project or relationship.
- ❖ To avoid jet lag.

#10 Lady Portia 100 ml

The Gold Master Quintessence

Judge not, that you be not judged.

Love and compassion without judgment.

Especially if we are hard on ourselves, or over critical, work too hard or if readily judge others.

Being merciful with ourselves is true compassion.

Where discriminative wisdom is needed and the balancing of all considerations is necessary.

Use:

- ❖ To help you view all considerations before making judgment.
- ❖ To be kinder on yourself and less judgmental.

#11 Lao Tsu and Kwan Yin 100ml

The Pale Orange Master Quintessence

The Quintessence that seeks back to the shocks of the past, to free us now.

Helps us to free ourselves from deeply instilled habits and negative thoughts.

Kwan Yin is the Goddess of Compassion, Lao

Tsu the Master Alchemist of the past. Helps to understand what lies behind dis-ease, it is often in the patterns of the past.

Use:

To free yourself of past conditioning – when you are ready to change.

To offer yourself compassion so alchemy can happen.

#12 Sanat Kumara and Lady Venus Kumara 100ml

The Pale Coral Master Quintessence

For the deepest levels of issues of dependency and co-dependency and unrequited love.

Brings in a special awareness of the Divine Life through our every day life.

The Mother and Father principle at the highest levels. Balancing male/female polarities.

Use:

- ❖ To connect to the greater 'Mother and Father' – caring and support with out dependency on others.
- ❖ To help find your unique place in the world, work, community.

#13 Maha Chohan 100ml

The Pale Turquoise Master Quintessence

To say, from the heart, what you feel

Maha Chohan – The Greatest Teacher

Teaching through the whisperings of the heart, the connection of the inner teacher. Of particular help if we are working with Crystals. Creates a communication link between our Mind and our Spirit.

Use:

- ❖ To get out of the head and to connect into what your heart has to say.
- ❖ To connect with your feelings, and be able to express them.

#14 Djwal Khul 100ml

The Emerald Green Master Quintessence

The Seeker's Master

Youngest of the masters.

Can help us to use our intellect whilst being in harmony with our intuition; following our heart and balancing our mind – useful when we need a grounded point of view. If we seek objective truth, knowledge or a "fresh start", this is the Quintessence to meditate with.

Use:

- ❖ To meditate on a new beginning, or fresh start, to get clarity of direction.
- ❖ Connecting the intuition – the inner tutor with the intellect.

#15 The Holy Grail and Solar Logos 100ml

The Pale Olive Quintessence

The Grail is a Chalice of Light

The Solar Logos the sun, the communication that

can come through us when we enter the receptivity of The Grail. Helps us on all levels to bring about transformation in relation to receptivity and unfoldment of the creative feminine intuition within each of us.

Use:

- ❖ A very good space clearer – pale olive green, use to clear energetically.
- ❖ To connect with the feminine, and to the greater universal energy and information.

Archangels Air Conditioner Colours/Information Notes

The Archangels are easy to use everyday, lighter than the ArchAngeloi the Archangels can be enjoyed in throughout your home, office etc.

1 Archangel Michael 100ml

May help us to clear the way towards opening our hearts. The energies of this essence may support us in letting go of intense fears and anxieties.

Use:

- ❖ To cut away old energy that is no longer serving you, e.g disconnecting from past relationships that no longer support your growth.
- ❖ To clear out old difficult to move energy – we call this ghost buster!
- ❖ Call on Archangel Michael to clear the way.

2 Archangel Gabriel 100ml

May lead us towards developing the ability to be true to our self.

Only we can care for ourselves.

Use:

- ❖ To connect into yourself to see what you really need to grow, prosper or help yourself

on all levels.

#3 Archangel Raphael 100ml

Encourages a soothing balm of peace, which promotes a sense of wellbeing and wholeness.

Use:

- ❖ To connect to a new level of peace.
- ❖ Ask Raphael to help you connect to what to use, eat, do to enhance your health and well-being.

#4 Archangel Uriel 100ml

Helps to support the growth towards clarity of intuitive perception.

Use:

- ❖ To connect to your inner wisdom.
- ❖ Ask Uriel to help you connect into your inner tutor and to get messages that support your well-being and growth.

How to Use

2-3 sprays per room is sufficient to change and invoke the new energies. It is not a matter of saturating the room with the smell however tempting but rather to feel and recognise the subtle every shifts. Very difficult energies may need repeat spraying over several hours to assist in a complete energy shift. Repeat every 2-3 hours as required or desired.

Please Note: For external use only. Keep out of the reach of children. Avoid contact with the eyes. Do not apply to broken, irritated or sensitive skin. Do not use on polished/ painted surfaces.

Made with love and intention by Aura-Soma Products Ltd Lincolnshire England
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